



# Family Support Center

## JULY 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>GREEN HILL PARK FARM: 508-799-1190</b></p> <p>Farm Hours: Tuesday - Sunday 10 a.m. - 2:45 p.m. Closed Monday</p>		<p><b>2 WORCESTER PUBLIC LIBRARY</b></p> <p>FEDERATION FOR CHILDREN WITH SPECIAL NEEDS</p>	<p><b>3</b></p> <p>SUMMER FAMILY CONCERTS AT INSTITUTE PARK FREE</p>		<p><b>5</b></p>	<p>Worcester Public Library <b>Ice Cream Sundae Board</b> FREE: 3:30 PM to 4:30 PM</p>
<p><b>7 Advancing your Student's voice IEP</b></p> <p>FEDERATION FOR CHILDREN WITH SPECIAL NEEDS</p>	<p><b>8 Fitness in the Park Summer Series</b></p>	<p>REAL SUMMER MOVIE EXPRESS \$1 FAMILY MOVIES ALL SUMMER LONG</p>	<p><b>10</b> All the Wednesday you can get your questions answered or assistance without an appointment! respite program; Call us</p>	<p><b>11 Siblings understand behavioral brother/sister</b></p> <p>UMass Chan Medical School   Eunice Kennedy Shriver Center</p>		<p><b>13</b></p>
<p><b>14</b></p>	<p><b>15</b></p>	<p><b>16 Self-Advocates</b></p> <p>Seven Hills Foundation &amp; Affiliates</p>	<p><b>17</b> Centro's Drop-in Respite Program - programa de respiro de centro todos los miercoles</p>	<p><b>18</b></p>	<p><b>19</b></p>	<p><b>20 Lowe's Workshop for Kids FREE</b></p>
<p>WCACA <b>KIDDIES CULTURAL FESTIVAL</b> SUN JULY 21<sup>ST</sup> 1PM - 6PM FRESH FOOD, BEER, FISH, CRAFTS, DANCE AND STEEL DRUMS Worcester Public Library</p>	<p><b>22</b></p>	<p><b>23 Meaningful Forth Family Knowledge</b></p> <p>FEDERATION FOR CHILDREN WITH SPECIAL NEEDS</p>	<p>EVENTS ON THE PLAZA</p> <ul style="list-style-type: none"> <li>The Party Band: July 10 &amp; 11, 12:00 AM - 1:00 PM</li> <li>Clavin Bunkum: July 17 &amp; 18, 12:00 AM - 1:00 PM</li> <li>The Sulfase Junket: July 24 &amp; 25, 12:00 AM - 1:00 PM</li> <li>Christmas In July: July 31 &amp; Aug 1, 12:00 AM - 1:00 PM</li> <li>Girls Just Want To Have Fun: Aug 7 &amp; 8, 12:00 AM - 1:00 PM</li> <li>Dig Your Allen: Aug 14 &amp; 15, 12:00 AM - 1:00 PM</li> <li>Scottish Folk: August 21 &amp; 22, 12:00 AM - 1:00 PM</li> <li>Hot Honey: August 28 &amp; 29, 12:00 AM - 1:00 PM</li> <li>Korako Stone: August 31 &amp; 1 Sept 1, 12:00 AM - 1:00 PM</li> <li>Stamp W' Healer: August 28 &amp; 1 Sept 1, 12:00 AM - 1:00 PM</li> </ul>	<p><b>25 Entrenamiento sobre el trauma del desarrollo</b></p> <p>FEDERATION FOR CHILDREN WITH SPECIAL NEEDS</p>	<p>DISCOVERY MUSEUM science, nature, play.</p>	<p><b>27</b></p>
<p><b>28</b></p>	<p><b>29</b></p>	<p><b>30 New IEP Form Skill Building Series</b></p> <p>FEDERATION FOR CHILDREN WITH SPECIAL NEEDS</p>	<p><b>31</b></p>	<p><b>DDS FAMILIES</b> We have ONEDAY MEMBERSHIP PASSES FOR: <u>Eco-Tarium, YMCA &amp; Discovery Museum</u> Please call for more info. 508-798-1900 ext. 266 &amp; 230</p>		
<p><b>Enjoy Summer Time</b></p> <p><b>Family Support Center Worcester- 11 Sycamore St, MA 01608 (508) 798.1900</b></p>						

**Worcester, MA, July 2nd, 2024, with the Worcester Public Library's Talking Book Library.** Join the Talking Book Library for an audio-described movie matinee. Snacks will be provided and all are welcome.

\* Audio description (AD) allows blind and visually impaired viewers to fully understand and enjoy the film through narration of visual elements. Snacks will be provided and all are welcome.

Register to <https://mywpl.libnet.info/event/11056167> or contact [kpontes@mywpl.org](mailto:kpontes@mywpl.org)

**Online, July 2nd, and throughout Summer 2024, with the Federation for Children with Special Needs in Massachusetts. Free and Open** to open to all Special Education Parent Advisory Council members and families in Massachusetts. Attend one or all sessions. July 2nd Topic: Crafting Effective Student/Parent Concerns

**2024 Agenda – IEP Skills to Build Confidence and Understanding 6/25/2024** Welcome and Introductions

**7/2/2024** Crafting Effective Student/Parent Concerns

**7/16/2025** Advancing your Student's Voice Throughout the IEP

**7/23/2024** Meaningful Accommodations vs. Instructional Modifications

**7/30/2024** Bringing Forth Family Knowledge Through Data Collection

Registration is required to the zoom link – <https://fcsn.org/sepac-summer-school/> or contact [lleslie@fcsn.org](mailto:lleslie@fcsn.org) or 617-236-7210

SUMMER FAMILY CONCERT AT INSTITUTE PARK

Presented By: Massachusetts Symphony Orchestra Dates: July 3, 2024

INSTITUTE PARK - Wednesday, July 3, 2024, 7:45 P.M. Patriotic Pops

Concert with Fireworks. Myron Romanul, Conductor; Gary Rosen, Master of Ceremonies; Jane Shivick and Todd Yard, vocal soloists.

marches, including Stars and Stripes Forever. Rain date: Thursday, July 4 (no fireworks on rain date).

**Virtual Event, the first Thursday of each month, 2024, with UMass Chan Medical School | Eunice Kennedy Shriver Center, Worcester, MA.** Free. For parents & caregivers, regardless of the age of the children. This includes all adults in a caregiving role, such as grandparents, aunts and uncles.

\* Also includes siblings between the ages of 6–18 that are able to engage appropriately and independently in a group setting.

\* The child with challenging behaviors is not eligible to participate; this program is designed to support the family members of that child. Parents/caregivers can participate if siblings do not, and vice versa.

**TIMES:**

\* The sibling group is 5:30pm – 6:30pm EST.

\* The parent/caregiver group is 5:30pm – 7pm EST

\* Follow-up parent discussion group is 5:30pm – 6:30pm EST

\* **Pre-registration is required to** (857) 523-1145 or email [emily.rubin@umassmed.edu](mailto:emily.rubin@umassmed.edu). After signing an online consent form, you will receive an email with instructions to log into Zoom.

**FREE Time: 3:30 PM to 4:30 PM Saxe Room, Main Library Join us in celebrating National Ice Cream Month!** Learn how to put together an ice cream sundae topping board - an easy and fun way to bring the ice cream parlor to you! Ages 18 and older.

**Marlborough, MA, July 7th, 2024.** Apex Entertainment. Sensory Friendly Saturdays.

\* Every first Sunday of the month, for a one-hour time slot, they offer special accommodations such as: reduced lighting and sound / sunglasses / sensory toys / quiet rooms Attractions include:

• Bumper Cars • Ropes Course • Arcade • Bowling • Laser Tag • Go Kart Racing • Sports Simulators

**To register or for more information**

visit [www.facebook.com/ApexEntertainmentMarlborough/events](https://www.facebook.com/ApexEntertainmentMarlborough/events) or contact (508) 251-8666 ext. 3

**Fitness in the Park Summer Series- It's Free!**

**July 8 @ 5:30 pm - 6:15 pm**

FREE

The Fitness in the Parks Summer Series is a 12-week program presented by the City of Worcester Department of Health & Human Services and Blue Cross Blue Shield of MA in partnership with the YWCA Central Massachusetts and YMCA of Central Massachusetts. The program runs from **June 10 through August 31, Mondays through Saturdays** at 8 locations. Classes range from Zumba to sports skills training to HIIT and Yoga, all family-friendly. We hope to see you there!

Register for free here: <https://ywcacm.org/fitness-in-the-park-form/>

**Quick Facts**

12 Week Program / 10 Classes Each Week / 8 Sites Throughout

Worcester Classes for Everyone in the Family Free Fitness [Summer Fitness Series Flyer Registration Form](#)

**Schedule and Classes** Learn more about the [Summer Fitness Series schedule and class descriptions.](#)

**Mondays: 5:30pm at Elm Park – Yoga**

**Tuesdays: 5:30pm at Elm Park – Meditation and Breath Work**

**Tuesday: 6:30 at Peace Park – Zumba**

**Wednesdays: Noon at City Hall Common Oval – HIIT**

**Wednesdays: 5:30pm at Vernon Hill Park – Tai Chi**

**Thursdays: 7:30am at Lake Ave Park – Awaken and Ignite: Enlivened Drumming and Meditation**

**Thursdays: 6:30pm at University Park – Dance Craze**



**Regal Cinema Summer Express Movies! \$1! July 9 @ 11:00 am - 12:30 pm**

**Regal Cinemas' Movie Express! – \$1 Family Movies for Summer Break** Summer is here, school is out, and this is your chance to spend some extra time with your kids. Each week on Tuesdays and Wednesdays at 11AM, get Summer Movie Express tickets for just \$1.

**7/2 & 7/3** Spider-Man: Into the Spider-Verse & PAW Patrol: The Movie  
**7/9 & 7/10** Spider-Man: Across the Spider-Verse & PAW Patrol: The Mighty

**7/16 & 7/17** Clifford the Big Red Dog & Sonic the Hedgehog

**7/23 & 7/24** Trolls Band Together & Sonic the Hedgehog 2

**7/30 & 7/31** Lyle, Lyle, Crocodile & Kung Fu Panda 3

**8/6 & 8/7** Minions: The Rise of Gru & Sing 2

**Local to Central MA**

**Regal Solomon Pond Mall**

591 Donald Lynch Blvd., Marlborough MA

**Wiggle Words at Shrewsbury Library July 11 @ 10:00 am - 10:30 am** FREE

Join Miss Sonja in the Meeting Room for Wiggle Words! We will sing, dance, read stories, and have oodles of fun! This program is intended for walking kiddos, but everyone is welcome. No tokens or registration required. Shrewsbury Public Library 609 Main St Shrewsbury, MA 01545

**Shrewsbury Library LEGO Club July 16 @ 4:00 pm - 6:00 pm** FREE

Head to the Children's Program Room and build with Legos. Follow our weekly prompt, or create whatever your heart desires. For kids of all ages who are comfortable using Legos.

Parents, please be aware that this program has no facilitator.

No Registration Required

609 Main St

Shrewsbury, MA 01545

**Lowe's Workshop for Kids: FREE!**

**July 20 @ 10:00 am - 1:00 pm**

FREE

Registration required. Sign up here: <https://www.lowes.com/diy-projects-and-ideas/workshops>

**Kiddies Cultural Festival July 21 @ 1:00 pm - 6:00 pm** FREE ADMISSION

Join the Worcester Caribbean-American Carnival Association for this year's Kiddies Cultural Festival! Bring your family to enjoy food, arts & crafts, steel pan, and more on Sunday July 21st at the Worcester City Commons!

**Salute to Disney in the Park at Institute Park – Free! July 21 @ 6:30 pm - 8:00 pm** FREE!

**INSTITUTE PARK – Sunday, July 21, 2024, 6:30 P.M. Salute to Disney.** Jorge Soto, Conductor; Taylor Lawton and Elisabeth LaBarre, vocal soloists. This concert will feature the Massachusetts Symphony in a Salute to Disney including musical highlights from Encanto, Moana, Frozen, Planes, Brave, The Lion King, Beauty and the Beast, The Hunchback of Notre Dame, Pirates of the Caribbean, Pocahontas, and Aladdin, among others.

**Rain date: Sunday, July 28. Secondary rain date: Sunday, August 4.**

**Free Events on the Plaza! July 24 @ 11:30 am - 1:30 pm** FREE!

Starting July 10, Francis R. Carroll Plaza will come alive with the sounds of live bands, captivating performances and delicious delights from food trucks.

July 10: [The Party Band](#) / July 17: [Clatta Bumboo](#) / July 24: [The Suitcase Junket](#) / July 25: Christmas in July / July 31: [Girls Just Want To Have Fun – An 80's Ladies Tribute Band](#)

Hanover Theatre 2 Southbridge Street Worcester, MA 01608

**Free Friday Nights at Discovery Museum!**

**July 26 @ 4:30 pm - 8:00 pm**