



Family Support Center MARCH 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Todos los Mircoles puede obtener respuesta a sus preguntas o asistencia sin cita previa! Programa de respiro; llamenos para		<u>1</u> DISCOVERY MUSEUM science. nature. play.	<u>2</u> POLAR PLUNGE FOR SPECIAL OLYMPICS MASSACHUSETTS
<u>3</u> Family Autism Webinar 	<u>4</u> 	<u>5</u>	 THE DEPARTMENT OF SPECIAL EDUCATION AND WORCESTER SEPAC SPECIAL EDUCATION PARENT ADVISORY COUNCIL INTERNATIONAL WOMEN'S DAY MARCH 6 6:00-8:00 PM VWCA	<u>7</u>	<u>8</u> 	<u>9</u>
<u>10</u> 	 PLEASE JOIN OUR EDUCATION SERIES March 11, 2024 10:00 AM Anti Bullying Training	<u>12</u> PPAL Parent/Professional Advocacy League	<u>13</u> UMass Chan Medical School WORCESTER PUBLIC LIBRARY	<u>14</u> 	<u>15</u>	<u>16</u>
<u>17</u> Happy St. Patrick's Day!	<u>18</u> 	<u>19</u> Special Education Transition Fair WORCESTER PUBLIC SCHOOLS	<u>20</u> All the Wednesday you can get your questions answered or assistance without an appointment! respite program; Call us to	<u>21</u> 		 MDSC 40th Anniversary Conference Saturday, March 23, 2024 DCU Center, Worcester MA EARLY BIRD RATES THRU 3/1 Unstoppable! mbsconference.org
	<u>25</u>	<u>26</u> FEDERATION FOR CHILDREN WITH SPECIAL NEEDS	<u>27</u> Centro's Drop-in Respite Program - programa de respiro de centro todos los miercoles	<u>28</u> FEDERATION FOR CHILDREN WITH SPECIAL NEEDS	<u>29</u> Non-School Day	<u>30</u>
			Centro's Drop-in Respite Program - Centro's respite program every Wednesday	DDS FAMILIES We have ONEDAY MEMBERSHIP PASSES FOR: Eco-Tarium, YMCA & Discovery Museums Please call for more info.		

508-798-1900 ext. 230,266

Family Support Center Worcester- 11 Sycamore St, MA 01608 (508) 798.1900

Free First Friday Night at Discovery Museum!

March 1 @ 4:30 pm - 8:00 pm FREE

Discovery Museum welcomes you with free admission to explore on the first Friday night of every month. Timed tickets are required and most likely will sell out. **Reserve your tickets 10 days prior to visiting. This event sells out!**

Please read their [FAQ](#) page before reserving your [tickets](#).

Admission: FREE!

LETR Worcester Polar Plunge 2024 Saturday, March 2nd

Hosted By: **Event Location:** Polar Park - 100 Madison St, Worcester, MA 01608

Parking: [See Map](#) for available garages and lots in the area. All parking fees are on your own.

Registration/Check-in: 12:00PM - 1:00PM. Enter Polar Park via **Gate D on Madison Street**. Registration will take place inside the Gate. [See Map](#) for details.

Anyone under the age of 18 will need a parent or guardian with them to sign a waiver. [Download the form ahead of time here.](#)

Plunge: 1:30PM. There will be heated restrooms for changing after you plunge.

Contact PolarPlunge@SpecialOlympicsMA.org with any questions.

Hingham, MA, March 3rd, 2024, with The Arc of the South Shore Autism Resource Center. A Community Forum lead by Katy Hamilton, LMHC. Join a coffee and conversation where Katy will provide an overview based upon her experience as a therapist and parent. She will then open it up for discussion.

* A licensed mental health therapist, Katy Hamilton supports individuals diagnosed with Autism and assists parents and siblings with the complexities of having a family member on the spectrum.

To register or for more information

visit <https://arcsouthshore.org/news-events/event-calendar.html/event/2024/03/03/autism-and-mental-health-community-forum/469953> or contact Autism Resource Center autismresourcecenter@arcsouthshore.org 781-335-3023

NUEVA CAPACITACIÓN PARA PADRES DEL IEP SÓLO EN PERSONA

Los padres/tutores de las Escuelas Públicas de Worcester con niños en programas de educación especial deben: El conocimiento es la clave para ayudar a nuestros hijos a tener éxito en la escuela.

LA PARTICIPACIÓN DE LOS PADRES/CUIDADORES ES MUY IMPORTANTE PRESENTADO POR Rachel Kodra, Kathy Napierata, etc.

DIA miércoles, 6 de marzo de 2024 18h00 - 19h30

en la: Worcester Technical High School

1 Oficial Manny Family Way Worcester,

MA 01605

SLIME MAKING WORKSHOP

Presented By: Worcester Public Library Goddard Branch 14 Richards St. Worcester, MA 01603

(508) 799-1657

Time: 4:00 PM to 5:00 PM

About

Join us to learn how to make regular and glow in the dark slime! Each participant will go home with 100% safe-for-sensitive-skin slime to play with.

For children ages 6 and up.

Centro's Anti Bullying Training

March 11, 2024 | 10:00 AM

This workshop will address best practices based on the state's anti-bullying prevention law. The training focuses on laws that require both

Webinar, March 12th, 2024, with Parent Professional Advocacy League of Massachusetts.

Free for Parent and Caregivers. PPAAL's Statewide meetings are meant ONLY for parents/caregivers/family members/family partners of children with behavioral health needs.

Topic: Statewide Meeting with the Department of Elementary & Secondary Education (DESE).

The DESE's goal is to prepare all students for success after high school. To help us reach this goal, DESE has established five strategies:

Strengthen curriculum, instruction, and assessment

Improve educator effectiveness

Support social-emotional learning, health, and safety

Turn around the lowest performing districts and schools

Enhance resource allocation and data use

To register or for more information

visit <https://lp.constantcontactpages.com/ev/reg/pmqdmkj> or contact statewide@ppal.net or 508-767-9725.

Citizenship Class

TUESDAY, MARCH 12: 12:00—11:00 AM 1st Floor Meeting Room

Main Library 3 Salem Square, Worcester, MA, 01608

Drop in to this student-centered class designed to prepare students for the U.S. citizenship or naturalization exam and interview. Instruction is provided in the areas of government, current events, test-taking strategies, and appropriate English Skills.

UMass Chan Medical School Health Fair

WEDNESDAY, MARCH 13: 10:00 AM—2:00 PM Banx Room

Main Library 3 Salem Square, Worcester, MA, 01608

Main Lobby Main Library 3 Salem Square, Worcester, MA, 01608

Saxe Room Main Library 3 Salem Square, Worcester, MA, 01608

Medical students from UMass Chan Medical School will be providing medical screenings, information and resources. Staff from twenty local agencies will also be in attendance.

MDSC 40th Anniversary Conference
EARLY BIRD RATES THRU 3/1 Saturday, March 23, 2024
DCU Center, Worcester MA

Unstoppable!
40 Years of Building Brighter Tomorrows

KEYNOTE SPEAKER
Isabel Lombardo

mdscconference.org

PLEASE JOIN OUR VIRTUAL WORKSHOP

CENTRO
with training and resources

EDUCATION SERIES
March 11, 2024 | 10:00 AM
Anti Bullying Training

THE DEPARTMENT OF SPECIAL EDUCATION AND
Worcester SEPAC
SPECIAL EDUCATION PARENT ADVISORY COUNCIL

INVITE ALL
Worcester Public Schools Parents/Guardians
with children on Special Education Programs
to:
NEW IEP PARENT TRAINING

PRESENTED BY
Rachel Kodra, Kathy Napierata, ETC's

ON
Wednesday, March 6th, 2024
6:00 - 7:30 pm
at Worcester Technical High School
1 Officer Manny Familia Way
Worcester, MA 01605

IN PERSON ONLY

Childcare will be provided PARENTS / CAREGIVERS PARTICIPATION ARE VERY IMPORTANT

Special Education Transition Fair

March 19 @ 6:00 pm - 7:30 pm

Tuesday, March 19, 2024, 6:00-7:30 PM

Location: Worcester Technical High School, 1 Officer Manny Familia Way. In-person.

The annual Special Education Transition Fair will be held to support the successful transition of students into adulthood.

Parents and guardians will have the opportunity to network and review various resources to promote and excel in their child's academic progress beyond high school.

Parents and guardians can also deepen their understanding of transition planning, which begins at age 14.

MDSC's **40th Anniversary Unstoppable Conference on March 23**, where we will mark our organization and community's four decades of **Building Brighter Tomorrows!**

credible self advocates with Down syndrome, as well as parents and caretakers, grandparents and siblings, health care professionals, educators and others — to hear the latest research findings and timely information from regional and national experts on the full range of topics as it relates to Down syndrome.

Join us March 23 as we bring our Unstoppable: 40 Years of Building Brighter Tomorrows theme to life even beyond the presentations, by connecting with old and new friends, sharing our individual and collective journeys, and taking stock of all the countless victories — small and large — that exemplify our community's resilience over the past four decades.

<https://mdsc.app.neoncrm.com/np/clients/mdsc/event.jsp?event=1&>

Derechos básicos: comprensión del IEP

26 de marzo a las 6:00 p. m. - 8:00 p. m.

Anfitrión: Distrito Escolar Regional de Quabog

Esta presentación fue desarrollada para ayudar a las familias a obtener una comprensión más profunda del documento IEP actual. También aprenderá qué hacer cuando reciba un IEP propuesto y los derechos procesales de debido proceso de los padres para resolver disputas. Regístrese para asistir a través de nuestro enlace de registro de Zoom:

<https://fcsn->

[org.zoom.us/meeting/register/tZMvdOgqTmPttQ6yuUA4AmGjllxzg0gMV](https://fcsn-)

Derechos básicos: planificación de la transición

26 de marzo @ 7:00 pm - 9:00 pm

Anfitrión: Escuela Secundaria Técnica Vocacional Regional Minuteman

Esta presentación aborda la planificación involucrada cuando un estudiante está en edad de transición. La importancia de la planificación, los roles tanto de los padres/tutores como del estudiante y la visión postsecundaria del estudiante. Discutiremos cómo prepararse para la reunión de planificación de la transición, la mayoría de edad y los derechos procesales del debido proceso para resolver disputas.

Regístrese para asistir a través de nuestro enlace de registro de Zoom:

[https://fcsn-org.zoom.us/meeting/register/tZMtcce-](https://fcsn-org.zoom.us/meeting/register/tZMtcce-srToiHdPWfxPpJ-mM6NuBbFwj0kWw)

[srToiHdPWfxPpJ-mM6NuBbFwj0kWw](https://fcsn-org.zoom.us/meeting/register/tZMtcce-srToiHdPWfxPpJ-mM6NuBbFwj0kWw)

Derechos básicos: evaluación y elegibilidad

28 de marzo a las 6:00 p. m. - 8:00 p. m.

Anfitrión: Unión Escolar Erving #28

Esta presentación es una introducción integral a las leyes y procedimientos de educación especial. Profundizaremos en el propósito de la ley, las referencias, las evaluaciones y el proceso de reunión del equipo, incluida la determinación de la elegibilidad. La discusión adicional se centrará en los servicios, la ubicación y qué hacer cuando reciba un IEP propuesto. También aprenderá qué hacer si el estudiante no es elegible y los derechos procesales de debido proceso de los padres para resolver disputas.

Regístrese para asistir a través de nuestro enlace de registro de